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EMERGENCY MEDICAL SUMMARY TEMPLATE

The book identifies seven essential elements so a new provider or emergency responder can quickly understand the basics. Update whenever medications or diagnoses change.

Full name

Date of birth

Blood type if known

1. Current medications

Name, dose, frequency, prescribing clinician:

2. Known allergies

Medication, food, or environmental allergy and reaction:

3. Active diagnoses and relevant history

Major diagnoses, surgeries, cardiac events, hospitalizations, or other key history:

Privacy reminder: This worksheet may contain private health information. Store it securely and share it only as appropriate.

KEEP IT CURRENT

EMERGENCY MEDICAL SUMMARY - CONTACTS

4. Primary care and relevant specialists

Names, practices, and phone numbers:

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5. Emergency contacts

Primary and backup contacts, relationship, and phone numbers:

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6. Advance directive / healthcare proxy

Name and contact of designated proxy; location of documents if known:

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7. Last updated

Date this summary was last reviewed:

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